

## Welcome to Center for Healing Life

This document constitutes informed consent to treat for health care.

CA Code of Regulations, Title 16, Div. 4, Section 319.1

- On the days of your visits, the doctor will conduct various exams, which may include neurology (nerves), orthopedic (joints), Chiropractic (spinal), nutritional, neuro-emotional and kinesiological (muscle) exams. Based on the results of these exams, your health history and that of your family, clinical judgments will determine the types of treatment needs and if there should be a need for x-ray, lab analysis and/or referral to a specialist. In addition to specific spinal adjustments you may require nutritional counseling, exercise therapy and neuro-emotional support. Historically none of these constitute a risk of harm.
- When a person seeks health care at CFHL and we accept a client for health care, it is essential for both to be working towards the same goal: HEALTH BALANCE. We have only one goal. It is important for each patient to understand this goal and the methods that will be used to attain it. You need to comply and do your part in your return to health.
- Subluxations are mechanical interferences to the normal flow of mental impulses traveling over the nerve pathways. Our goal is to locate, analyze and correct these subluxations by specific adjustments of the body. These adjustments are intended to reduce nerve interferences thereby allowing the innate healing abilities of the body to work at maximum efficiency. With a proper nerve supply restored, the body can begin the process of repair leading to health. In some patients this happens quickly; in others, more slowly. In some patients the repair and recovery is complete; in others, only partially.

Should you experience discomfort inform us immediately or by phone or E-mail.

- We do not offer to diagnose or treat any disease or condition other than imbalances. However, if during the course of an examination, we encounter unusual findings, we will recommend that you seek the services of a health care provider who specializes in that area.
- Our office is on a private pay basis; payment is expected at the time services are rendered.

I, \_\_\_\_\_ have heard and read and fully understand the above statements. All questions regarding the doctor's objective pertaining to my care

in this office have been answered to my complete satisfaction. I therefore give consent and accept care on that basis

signature \_\_\_\_\_ date \_\_\_\_\_

For minor \_\_\_\_\_ I, \_\_\_\_\_, being the parent or legal guardian fully understand the above terms and grant permission for treatment. date \_\_\_\_\_

Khelly Webb, D.C. 562-433-7395

# New Patient Intake Form

Welcome! Holistic health and preventive care are possible when the doctor has a complete understanding of your health history. Please fill out this questionnaire as thoroughly as possible. Print all information clearly and mark anything you don't understand with a question mark. All information contained in these pages is completely confidential.

## Personal Information

Name \_\_\_\_\_ Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Female \_\_\_ Male \_\_\_ Age \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Phone: Home (\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_) \_\_\_\_\_ Mobile (\_\_\_\_) \_\_\_\_\_

Preferred \_\_\_ Home \_\_\_ Work \_\_\_ Mobile \_\_\_ Is it OK to leave messages? \_\_\_ Yes \_\_\_ No

Address \_\_\_\_\_ Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email address \_\_\_\_\_

Are you interested in receiving email newsletter? \_\_\_ Yes \_\_\_ No

If the patient is under the age of 18:

Name of mother \_\_\_\_\_ Phone number \_\_\_\_\_

Name of father \_\_\_\_\_ Phone number \_\_\_\_\_

Who may we thank for your referral? \_\_\_\_\_

When did you last receive health care? \_\_\_\_\_

Who? \_\_\_\_\_ Chiropractic? \_\_\_\_\_

What is your most important reason for making this appointment? \_\_\_\_\_

Please list other health concerns, in order of importance: \_\_\_\_\_

## Emergency Contact

Name \_\_\_\_\_

Relationship \_\_\_\_\_

Phone Number \_\_\_\_\_ Day (\_\_\_\_) \_\_\_\_\_ Evening (\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_ Apt# \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip Code \_\_\_\_\_

## Health History

Please list any known allergies (environmental, drug, food): \_\_\_\_\_

Do you take any of the following over-the-counter medications? Please check any that apply:

- Aspirin
- Ibuprofen or acetaminophen
- Antihistamine
- Sleeping pills
- Laxatives
- Appetite depressants
- Antacid
- Medicine to stay awake

Please list **medicines and supplements** that you are taking or have taken in the last year:

Medication	Dosage	Dates	Reason for taking

If any of the following apply to you, please indicate dates:

Hospitalization _____	Surgery when _____ for _____	Endoscopy _____
		When _____ results _____
Surgery when _____ for _____		Colonoscopy _____
		When _____ results _____
X-ray _____ where _____ for _____		Mammogram _____
		When _____ results _____
MRI _____ where _____ for _____		CT scan _____ when _____ results _____
Rectal exam _____ when _____ results _____		Bone Scan _____ when _____ results _____
Electrocardiogram _____ when _____ results _____		Other _____

For the following conditions and symptoms, please indicate any that apply to you by marking

**I/self, M/mother, F/father, S/sibling, C/child, O/other blood family**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Skin rash                     | <input type="checkbox"/> Chronic pain                    | <input type="checkbox"/> Difficulty breathing      |
| <input type="checkbox"/> Anemia                        | <input type="checkbox"/> Fatigue                         | <input type="checkbox"/> Chest pain                |
| <input type="checkbox"/> Easy bleeding or bruising     | <input type="checkbox"/> Weakness                        | <input type="checkbox"/> Heart palpitations        |
| <input type="checkbox"/> Varicose veins or hemorrhoids | <input type="checkbox"/> Dizziness or fainting           | <input type="checkbox"/> Atherosclerosis           |
| <input type="checkbox"/> Bone or joint disease         | <input type="checkbox"/> Numbness / tingling / paralysis | <input type="checkbox"/> Gastrointestinal disorder |
| <input type="checkbox"/> Mood swings                   | <input type="checkbox"/> Neurological disease            | <input type="checkbox"/> Heartburn                 |
| <input type="checkbox"/> Anxiety or nervousness        | <input type="checkbox"/> Seizures                        | <input type="checkbox"/> Gastritis or ulcers       |
| <input type="checkbox"/> Difficulty sleeping           | <input type="checkbox"/> Memory loss                     | <input type="checkbox"/> Excessive thirst / hunger |
| <input type="checkbox"/> Feel unsafe at home           | <input type="checkbox"/> Headaches                       | <input type="checkbox"/> Hypoglycemia              |
| <input type="checkbox"/> Physical abuse                | <input type="checkbox"/> Head injury                     | <input type="checkbox"/> Eating disorder           |
| <input type="checkbox"/> Frequent antibiotic use       | <input type="checkbox"/> Dental problems                 | <input type="checkbox"/> Parasites                 |
| <input type="checkbox"/> Frequent colds or flu         | <input type="checkbox"/> Cold sores                      | <input type="checkbox"/> Liver disease             |
| <input type="checkbox"/> HIV or AIDS                   | <input type="checkbox"/> Ear infections                  | <input type="checkbox"/> Gallbladder disease       |
| <input type="checkbox"/> Lyme disease                  | <input type="checkbox"/> Impaired hearing / vision       | <input type="checkbox"/> Kidney disease            |
| <input type="checkbox"/> Rheumatic fever               | <input type="checkbox"/> Sinus problems                  | <input type="checkbox"/> Problems with urination   |
| <input type="checkbox"/> Vaccinations                  | <input type="checkbox"/> Thyroid problems                | <input type="checkbox"/> Sexual difficulties       |
| <input type="checkbox"/> Cancer                        | <input type="checkbox"/> Diabetes                        | <input type="checkbox"/> Heart Disease             |
| <input type="checkbox"/> Asthma, hay fever, rashes     | <input type="checkbox"/> Stroke                          | <input type="checkbox"/> Osteoporosis              |
| <input type="checkbox"/> High blood pressure           | <input type="checkbox"/> Depression                      | <input type="checkbox"/> Attempted suicide         |
| <input type="checkbox"/> Alcoholism or substance abuse | <input type="checkbox"/> Autoimmune disease              | <input type="checkbox"/> Other                     |

When and where are your symptoms worse?  At home  At work  Upon waking  
 Morning  Afternoon  Evening  Overnight  No pattern  Other

Payment is due at the time of service; Cash or check.

Khelly Webb, D.C. 562-433-7395

## For Men Only

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Please check all that apply to you:

- Prostate exam \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_
- Regular self testicular exam
- Impaired fertility
- Sexual abuse
- Heel Pain

- Abnormal discharge from penis
- Pain or lump in scrotum
- Prostate problem
- Sexually transmitted infection

## For Women Only

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- Last menses \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_
- Last pap smear \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_
- Age menses began \_\_\_\_\_
- Number of pregnancies \_\_\_\_\_
- Number of live births \_\_\_\_\_

If you are still having periods:

- Average number of days of bleeding \_\_\_\_\_
- Average number of days in cycle \_\_\_\_\_
- Bleeding is  Regular  Irregular
- Light  Medium  Heavy
- Symptoms  Bleeding b/n periods  Mood swings
- PMS  Painful menses  Breast tenderness

If you are no longer having periods:

- Hot flashes  Vaginal dryness
- Dry skin  Changes in memory
- Spotting  Changes in libido
- Facial hair  Changes in mood
- Hair loss  Hormone replacement therapy
- Incontinence  Urinary tract infections

Please check all that apply to you:

- Hysterectomy \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_
  - Abnormal pap smear
  - Breast pain / lump / nipple discharge
  - Sexual difficulties
  - Frequent vaginitis / chronic yeast infections
  - Abnormal vaginal discharge
  - Endometriosis
  - Polycystic ovary syndrome
  - Sexually transmitted infection
  - Pelvic inflammatory disease
  - Uterine fibroids
  - Impaired fertility
  - Sexual abuse
  - Regular self breast exam
  - Sexually active
  - Use methods to prevent pregnancy and/or sexually transmitted infections:
- Current \_\_\_\_\_
- Past \_\_\_\_\_

## Lifestyle History

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Please check any that apply to you and fill in corresponding details:

- Exercise \_\_\_\_\_ hours per week
  - Activities \_\_\_\_\_
  - Watch TV \_\_\_\_\_ hours per week
  - Tobacco use \_\_\_\_\_ packs per day
  - Alcohol use \_\_\_\_\_ drinks per week
  - Recreational drug use
  - Mercury amalgam fillings
  - Employed outside the home
  - Occupation \_\_\_\_\_
  - Hours per week \_\_\_\_\_
  - Employer \_\_\_\_\_
  - Do you enjoy your work?  Yes  No
  - Level of stress  Low  Average  High
  - Toxic exposure \_\_\_\_\_
  - Major life change in last year \_\_\_\_\_
- Height \_\_\_\_\_
  - Weight \_\_\_\_\_
  - Weight one year ago \_\_\_\_\_
  - Maximum weight \_\_\_\_\_
  - When? \_\_\_\_\_
  - Sleep \_\_\_\_\_ hours per night
  - Is this enough?  Yes  No
  - Meals per day \_\_\_\_\_

The above information is true to the best of my knowledge.

\_\_\_\_\_  
Signature (Parent or guardian if patient is under 18 years old)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date