

Nov. 2002 Lass Newsletter

Well let this be a lesson for me to not complain about feedback! We had zillions of wonderful letter telling me I can't go play unless I get the newsletter done first! Thank you for the feedback and vote of confidence. The newsletter will continue. As for the naming of the newsletter, we will let you know who the winner is in Dec. So if you haven't sent us an idea you have until Nov 15 to get it to us.

This is important so please put it on you list of things to do. An astounding 27% of passenger cars and 33% light trucks are being driven with under inflated tires which reduces fuel economy, road handling and braking capability. It also increases tire wear and tire temperature--which leads to blow outs. Please check this ASAP! I like having you around. By the way the U.S. Dept of transportation National Highway and Traffic Safety Administration came up with those figures. The things you can find with a computer. . . While you are checking the pressure take a penny and place Lincoln's head upside down in the tire groove, if you can see the top of Abe's head you need new tires.

Here is another one. Check your auto headrest. The top of the rest should be at the same level as the top of your head. And please wear your seat belt, it is the law.

We don't treat auto injuries at LASS, however we can refer you to those that do. Most of us have been brain washed to believe the little fender bender is harmless, actually "Low speed crashes are also the largest contributor to the ever-growing pool of disables Americans, contributing an estimated 500,000 persons each year." This from The Center for Research into Automotive Safety and Health (CRASH). Brains always need to be checked after any accident or fall.

At any given time 3% of motorist are on the cell phone. Now hear this one the trend for attorneys is to go after your company if you are doing business on your cell phone while driving and are involved in an accident. And the auto company which installed the phone will be liable. It is called the engineering triad in consumer product liability: (1) what did you do to eliminate the hazard? (2) what did you do to minimize the hazard? And (3) what did you do to warn of the hazard. Should California pass laws

forbidding use of a cell phone while operating a moving vehicle and if an accident should occur your insurance company would not have to cover you because they do not have to cover losses resulting from a crime. In other words put the phone down and drive. The fellow who hit me after drinking his lunch was on a cell phone. OK, enough on that subject. Lets go to another delightful event.

Thanksgiving, the first of several gut wrenching holidays for many people. If you have difficulties with family events please make an appointment for Emotional Release work and lets make your holidays better or at least easier to handle. Call 562-594-8669.

Many persons from out of town call to determine how they can participate in Emotional Release work. Should we have a referral we feel we can trust we will certainly share it with you. Many people fly in for a day or weekend and we do marathon sessions of four to five hours. Some bring the family and we work an hour with each person then work an hour or more with the entire family using group ERT. Many executives do this kind of work and the feedback is gratifying. We have also done work with executives as a team and individually. I team up with Dr. Lee Gibson, Ph.D. for team building work with your company. Should you be uncertain how you want to proceed just ask.

The Veterinary Orthopedic Manipulation has been going great. Should you want to have your pets adjusted ask for the VOM packet for your DVM to fill out and we will be happy to adjust Scruffy or Fluffy. I have to say there is a most interesting energy relationship that occurs when adjusting animals. It difficult to put into words: peace, contentment, well being are close but not quite it. Here is a tip to help your pet. Just like humans pets with claws have Tsing or Jinwell acupressure points on their toes. All you have to do is carefully massage the claws towards the skin for 10-20 seconds. Some animals loooove to have the area between the toes massaged.

Dogs have more nerve endings on their claws--they are sort of like the whiskers--so be careful. We know Tsing points work because we had one of our clients use the method to bring a bird out of shock that had been molested by a dog. Ya know Tsing points work on people too, hint hint. Enjoy the massage.

Last month we mentioned that NET is being taught in Medical schools.

Well there is a possibility that yours truly will be teaching some of those courses and to do so I have to go back to school too. Yup there is another certification in the wings. There must be some point in my life when I will have enough education. Do ya think?

Last month we also talked about a pamphlet put out by SoCal Edison concerning electromagnetic frequencies (EMF). Shirley Jerrels writes to us the following.

EMF, INVISIBLE HARM

By Shirley Jerrels

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In my practice as an Interior designer/Feng Shui consultant I have developed a protocol to follow when meeting with clients for the first time. First I do a thorough client profile where I learn what their needs and preferences are. Second I do a thorough EMF check of their space. I do the EMF check using a special meter that shows where the trouble spots are and what the safe distances are from their origins. I never charge for this service because I feel so strongly about avoiding the dangers inherent in EMFs that I don't want to take the chance they may choose not to have me test for them.

When doing a consultation I always recommend that people remove electronic equipment from their bedside tables. A simple clock radio emits harmful radiation for a 5 foot radius so I recommend they replace their electronic clocks with battery operated ones. Telephones, plug-ins, converters (for answering machines etc), electric blankets, heating pads and any other source of high radiation are to be kept away from areas where people will be spending long periods of time; like the bed, the easy chair or the sofa. Appliances especially high in harmful radiation are refrigerators and microwave ovens. The 'safe distance' from most microwaves is 35 feet! The back of the refrigerator is the trouble spot so I make them aware of what is behind that wall and have them move any furniture where people may sit or lay for long periods of time.

Any piece of electronic equipment will produce an electro magnetic field when in use. People use hair dryers, electric tooth brushes and cell phones every day and some of them have come to believe that if you can't see it, can't taste it and can't feel it (those harmful waves)...it doesn't exist. Well, it does exist, and it is harmful even if it is invisible to our ordinary senses. My advice is, "Error on the side of caution and limit your exposure to EMF as much as you can." We can't avoid them all, but awareness and caution

can limit our exposure and protect our well being.

EMF Reading:

Cross Currents; The Body Electric by Robert Becker

The Zapping of America; Currents of Death By Paul Brodeur

Microwave News newsletter

The Microwave Debate by Nicholas H. Steneck

Enjoy your holidays this year. Commit only to those events you want to do. Be with only those you wish to hang out with. Please don't do anything out of obligation or guilt. It just leads to anger and resentment that taxes the liver and other body parts

Beth's corner.